

Trekking in Koh Kong & Coastside



Days: 14

Price: 1380 USD
International flight not included

Comfort: ★★☆☆☆

Difficult: ★★☆☆☆

📷 Hiking 📷 Culture 📷 photographic

This stay begins with the discovery of the capital **Phnom Penh** before starting a trek at the foot of the Carmamomes in the wild province of **Koh Kong** then in the protected national park **Kirirom**. We will continue our adventure stay in Kampot to finish with a few days of well-deserved rest on the beaches of the island of **Koh Rong**.

Day 1. Welcome to Phnom Penh!



Airport Phnom Penh 📍
🚗 7km
Phnom Penh 📍

- Welcome by your driver upon your arrival at the airport. Transfer and installation at your hotel. Rest of the day free.

Rooms available from 2 p.m. If you arrive a little early and your room is n't ready yet, you can drop off your bags at reception before going for a walk in town or relaxing by the pool.

- No guide is included on this day

🏠 Accommodation

Mettavary Hotel / Deluxe Queen

Day 2. On the way to Koh Kong via Tatai Falls



Phnom Penh 📍
🚗 285km - ⌚ 4h 40m
Tatai 📍
🚗 50km - ⌚ 1h
Koh Kong 📍

- After breakfast, departure by road to the province of Koh Kong, in the west of the country. The region is still very wild and undeveloped. Ideal for getting off the beaten track! The price to pay is precisely a rather long and tiring road because in rather bad condition.
- On the way, we take a short detour towards the **Tatai Falls**. By car, we have to take a rather rough track for about 2km but the beautiful waterfall and the possibility of swimming are well worth this sacrifice of comfort!

We then hit the road again.

- Once you arrive safely, you board a small boat to go to the Cardomom Tented Camp located about twelve kilometers from the place of embarkation.

Free time and rest after your check-in.

- No guide is included on this day

☕ Breakfast

Breakfast at Mettavary

🍷 Dinner

Dinner Including

Day 3. Trek and kayak in the primary forest



Koh Kong 📍

- After breakfast, set off on a day trip combining hiking and kayaking.

On the program, 9km of course (50% walking, 50% kayaking) in the middle of the primary forest of Koh Kong, at the foot of the Cardamom chain.

With very little elevation, the hike is accessible to all. With a bit of luck, you might spot long-tailed macaques, kingfishers, toucans and water dragons. The lucky ones will observe passing gibbons or the otter family that lives in the area.

Back at the camp, you can extend your exploration by kayak, try your hand at zip-lining or continue walking on the small path near the camp.

- No guide is included on this day

🍳 Breakfast

Breakfast at Cardamon camp

🍴 Lunch

Lunch Including

🍷 Dinner

Dinner Including

🏠 Accommodation

Cardamom Tented Camp

Day 4. Stopover in the community of Chambok



Koh Kong 📍
🚗 165km - ⌚ 3h
Kirirom 📍

- Around 9:30 a.m., the resort team takes you back by boat to the point of origin where your driver is waiting for you.
- We take the road to the rural community of **Chambok** located on the outskirts of **Kirirom National Park**.
- Once we arrive at our destination, we settle in with the locals; the rest of the day is free except for meals that we will have at the community restaurant. You have to walk 10-15 minutes to get there from the homestay, or ask our driver to take us there.

- No guide is included on this day

🍳 Breakfast

Breakfast at Cardamon camp

🍷 Dinner

Breakfast at homestay/guest house

🏠 Accommodation

Homestay / guest house

Day 5. Kirirom National Park



Kirirom 📍
🚗 160km - ⌚ 3h 30m

- After breakfast, we meet our local English-speaking guide who will give us a short briefing on the history and activities of this small rural community.

We then start the **trek inside the Kirirom National Park** towards the waterfall. Swimming and resting at the waterfall, then going back down to the community center for lunch.

It takes a good hour of walking with a positive elevation gain throughout.
Total duration: approximately 3 hours

- We then take the road towards Kampot

Kep 📍
Kampot 📍

- Once arrived at destination, we check in at the hotel; The rest of the day is free.

• No guide is included on this day

| | |
|-----------------|-----------------------------------|
| 🍳 Breakfast | Breakfast at homestay/guest house |
| 🍴 Lunch | Breakfast at homestay/guest house |
| 🏠 Accommodation | Les Manguiers / Bungalow |

Day 6. Kampot pepper



Kampot 📍

- *The Kampot region is internationally recognized for its exceptional pepper. It is therefore impossible to go to Kampot without taking a trip to one of the many pepper plantations in the region!*

We therefore visit the family pepper production farm, **La Ferme de Sothy** with a guide to the plantation who will explain the origin and why of the fame of this spice. You will learn more about cultivation methods and how to cook this famous pepper.

- Along the way, near Kep, exploring the caves of **Phnom Kampong Trach** has some nice surprises in store for you. Considered as natural temples by local Buddhists, they hide many statues and altars. As the high point of this "caving" excursion, a beautiful representation of a reclining Buddha awaits you in an open-air clearing created by the collapse of the rock.

- The rest of the day is free

• No guide is included on this day

| | |
|-----------------|---|
| 🍳 Breakfast | Breakfast at the Manguiers |
| 🍴 Lunch | Lunch at the plantation (Khmer Lunch formula) |
| 🏠 Accommodation | Les Manguiers / Bungalow |

Day 7. Relaxing day in the Kep archipelago



Kampot 📍

- After breakfast, we drive to the neighboring town of Kep where we embark on a full-day eco-tour around the islands of Kep Bay.

Aboard the Nāga, a traditional Khmer fishing boat, we will sail through the Kep archipelago, following the waves and currents, away from any other tourist circuit.

Equipped with **masks and snorkels**, let's discover the depths and reefs of the Kep archipelago where many species of colorful fish, sea urchins, starfish and corals live.

Relax in the warm, swimmable waters of Snake Island Bay for a fish and seafood barbecue on the boat. We then visit a traditional fishing village where we can soak up the atmosphere and observe the preparation of nets, crab cages and bait while drinking an iced coffee. Finally, we leave to explore a charming little lost and atypical islet.

We may have the rare chance to observe Irrawaddy dolphins in this area... Keep your eyes peeled!

The boat tour is private and begins around 9 a.m. with a return around 4 p.m.

Vegetarian menu on request

- No guide is included on this day

| | |
|-----------------|---|
| 🍳 Breakfast | Breakfast at the Manguiers |
| 🍴 Lunch | Lunch included on board Beverages (water, syrups, beer, rosé wine) BBQ (fish and seafood or meat) Dessert |
| 🏠 Accommodation | Les Manguiers / Bungalow |

Day 8. Adventure in Kampot: Salt marshes and walk in the mangroves



Kampot 📍

- In the morning at 10 a.m., we discover the salt marshes by bike: These salt water basins operated by local salt workers. They produce high quality iodized salt and are home to remarkable biodiversity. After lunch on the river, we will take a trip on the water by kayak or paddle board of your choice. We will descend the river past the mangroves to the sea observing the local wildlife and enjoying the views of the Bokor and Phu Quoc. We return by boat at sunset.

Duration of the outing: 6 hours. 2-hour bike ride in the morning, 2 hours by kayak or paddle in the afternoon then return by boat. Bikes, helmets, and kayaks included with water.

- The rest of the day is free

- No guide is included on this day

| | |
|-----------------|----------------------------|
| 🍳 Breakfast | Breakfast at the Manguiers |
| 🏠 Accommodation | Les Manguiers / Bungalow |

Day 9. Extension to Koh Rong



Kampot 📍
 🚗 120km - ⌚ 3h 20m
 Sihanoukville 📍
 🚗 20km - ⌚ 1h
 Koh Rong 📍

- Meet with your tuktuk at 8:45 a.m. for a transfer to Kampot station. You take the train towards Sihanoukville. When you arrive, a tuktuk will be waiting to take you to the pier.

The boats do not all leave from the same pier. It is important to quickly let us know the name of your hotel on the island so that we can give instructions to the tuktuk.

- Boat transfer to **Koh Rong** from Sihanoukville pier. Our team on site will be waiting for you at the pier to give you your boat tickets.

The boat staff will take half of your ticket. Save the other half for the return!

- No guide is included on this day

| | |
|-----------------|--|
| 🍳 Breakfast | Breakfast at the Manguiers |
| 🏠 Accommodation | The Secret Garden Koh Rong / Deluxe Sea View |

Day 10-11. On the white sand of Koh Kong



Koh Rong 📍
Koh Rong 📍

- Free program

• No guide is included on this day

☕ Breakfast

Breakfast at the Secret Garden

🏠 Accommodation

The Secret Garden Koh Rong / Deluxe Sea View

Day 12. Welcome to Phnom Penh



Koh Rong 📍
🚶 20km - ⌚ 1h
Sihanoukville 📍
🚗 270km - ⌚ 3h
Phnom Penh 📍

- After breakfast and checking out of our room, we return by boat to Sihanoukville.

The boat departure is scheduled for 9:30 a.m.

- Upon arrival in Sihanoukville, a driver will meet you at the pier for a final transfer by road to Phnom Penh.

• No guide is included on this day

☕ Breakfast

Breakfast at the Secret Garden

🏠 Accommodation

Mettavary Hotel / Deluxe Queen

Day 13. Phnom Penh, a bustling capital city



Phnom Penh 📍

Phnom Penh 📍

- Meet at 8 a.m. with your guide and tuktuk at the hotel reception.
- Discover the famous Wat Phnom which gave its name to the capital. The "hill pagoda" is the highest point of Phnom Penh.
- Visitions ensuite le **Palais Royal et la Pagode d'Argent**, véritables joyaux de l'architecture khmère construits au milieu du XIXe siècle.

Le code vestimentaire du Palais Royal est assez strict : épaules et genoux doivent être couverts. Port du masque obligatoire.

- Poursuivons par le **Musée National** et découvrons l'une des plus importantes collections d'art khmer: 14 000 sculptures et objets ethnographiques, provenant pour la plupart des temples d'Angkor
- Visit of the **Tuol Sleng Genocide Museum (S-21)**, the largest detention and torture center under the Pol Pot regime and the Khmer Rouge which will reveal a very painful chapter to you of the history of Cambodia.
- Visit Phnom Penh's **Central Market** and/or **Russian Market** if there's enough time after the previous visits (markets close rather early)

• English-speaking guide included on this day

☕ Breakfast

Breakfast at Mettavary

🏠 Accommodation

Mettavary Hotel / Deluxe Queen

Day 14. Have a good flight and welcome back!



- Free program before your evening transfer to **Phnom Penh International Airport** (included; we will organize the transfer according to your flight schedule).

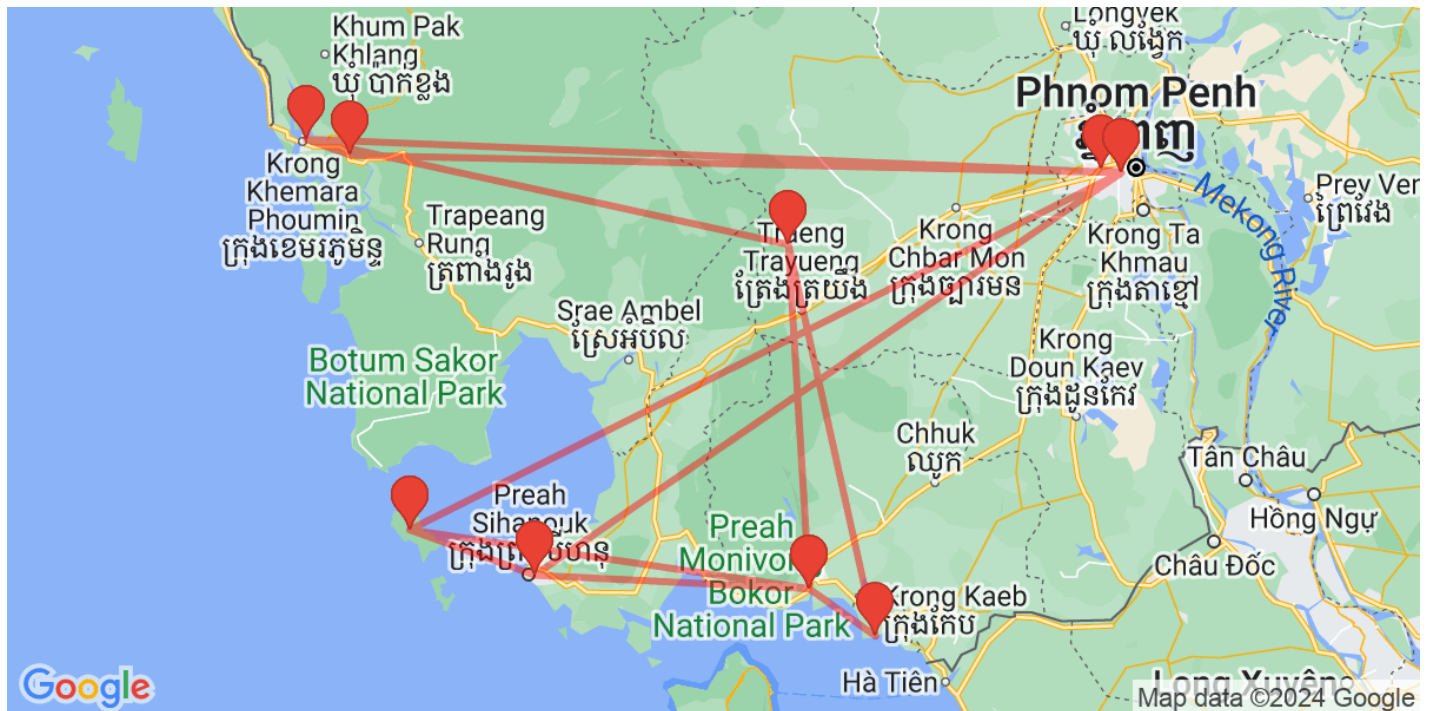
Note: you must leave your room before noon. If your flight is in the evening, you can leave your suitcases at the hotel reception for a last walk around town.

Phnom Penh ១
7km
Départ Phnom Penh ១

Breakfast

Breakfast at Mettavy

Itinerary map



Individual price per person

| 2-2 | 3-3 | 4-4 | 5-5 | 6-6 |
|----------|----------|----------|----------|----------|
| 1740 USD | 1720 USD | 1470 USD | 1500 USD | 1380 USD |

Included

- Transfers from and to the airport
- Transportation to activities and program stages
- Land travel indicated in the program
- Hotels and accommodation
- Breakfasts at the hotel
- Meals mentioned
- French-speaking guide for activities when indicated
- Entrance fees for activities

Not included

- International transport
- Tips
- Travel/cancellation/repatriation insurance
- Visa fees
- Extra drinks/alcohols
- Consumption at the hotel
- Meals not mentioned
- Phone calls
- Any excursion not mentioned in the program
- Late check-out of rooms (standard check-out to be done before noon)
- Certain one-off hotel supplements (e.g. Christmas meals, Chinese/Khmer New Year/etc.)