# Sumatra: immersion among the Flower People of Siberut



Days: 7

Price: 725 EUR

International flight not

included

Comfort: ★☆☆☆☆

Difficult: ★★★☆

◆ Adventure ◆ Ethnic minority

The Mentawai people who live on the eponymous islands to the west of Sumatra are better known as the 'Flower People', because the notion of beauty is essential to their culture. This culture also pays attention to the spirits of the forest, which the locals both venerate and fear. They hunt, fish and raise livestock for food, but the Flower People are best known for their tattoos, often from head to toe. They decorate their skin to preserve their soul and prevent it from detaching from their body. Tattoos are also a means of identifying and protecting each individual, like a suit of armour. The special feature of the Flower People is that they live in a collective house on stilts, known as an "uma".

#### Highlights

- · Encounter with the last shamans of Siberut
- · Traditional hunting and fishing with a Mentawai family
- · Sharing community life in an uma
- Trek through the Siberut jungle

#### Day 1. Welcome to Sumatra



- Welcome by your English-speaking guide and transfer to your hotel, located in the city centre.
- Breakfast

Included

★ Accommodation

D'Oxville Hotel

#### Day 2. Welcome to Siberut

Padang 9



Padang ♥
Siberut ♥

- In the early morning, you reach the port of Padang and board a speedboat bound for the island of Siberut. The
  boat transits to Sikabaluan around midday for a lunch break, and leaves again around 1pm. Arrival in
  Maileppet at around 2pm. Your guide will welcome you and take you to his village. This is an opportunity to
  meet people for the first time, while he makes the purchases and takes the necessary steps to ensure your
  stay runs smoothly.
- Then, from the village of Rokdok, a motorised pirogue will take you to the Buttui region (1h30), where you will begin your trek (1h) through the jungle to the "uma" (traditional long-house) where you will share the life of the flower-men. This is the time to settle in with your host family.

Breakfast

D'Oxville Hotel

| ¶¶ Lunch        | Included   |
|-----------------|------------|
| <b>Y</b> Dinner | Included   |
| ★ Accommodation | Long house |

### Day 3-5. Immersed among the Flower Men



Siberut 9

• For three days, you will follow and share in the daily life of the Mentawais. In particular, you will observe and take part in the preparation of sago, their staple food; you will also look for sago worms, observe the making of traditional loincloths known as "kabit", not forgetting the preparation of poison for their poisoned arrows. You'll fish in the river with the women of the clan, or go for walks in the forest, looking for fruit or nearby 'uma'. The evenings will also be a special time for sharing with the clan's shamans (or 'Sikerei') and getting to know the family better. However, we cannot guarantee that a shamanic ceremony or hunting party will be organised, as these events are rare. In any case, you will have the opportunity to meet another family, who live an hour's walk away: Aman Ipai.

| ■ Breakfast     | Included   |
|-----------------|------------|
| ₩¶ Lunch        | Included   |
| ▼ Dinner        | Included   |
| ★ Accommodation | Long House |

#### Day 6. Return to civilisation



Siberut **?**Padang **?** 

- After a fond farewell, you head back to Muntai on foot and by canoe (4 hrs), where the fast-boat to Padang awaits. Arrive in Padang around 6-7pm and transfer to your hotel.
- Breakfast Included
- ¶Lunch Included
- Accommodation D'Oxville Hotel

#### Day 7. See you soon in Sumatra

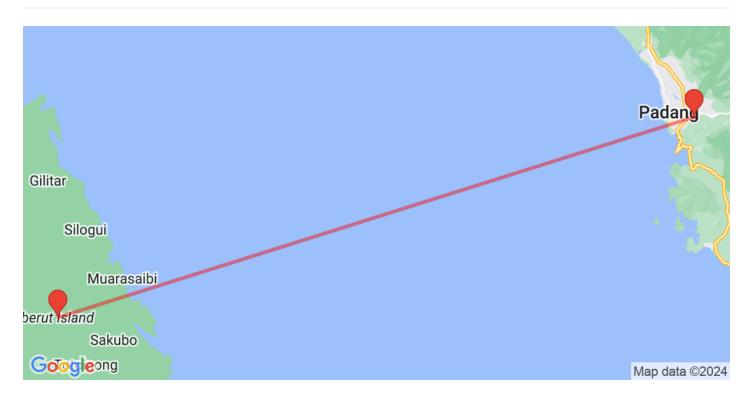


Padang 9

- Free time until transfer to the airport.
- Breakfast

D'Oxville Hotel

# Itinerary map



## Individual price per person

| 2-2     | 3-3     | 4-4     | 5-8     |
|---------|---------|---------|---------|
| 950 EUR | 875 EUR | 775 EUR | 725 EUR |

#### Included

- Local English-speaking guide
- · Team of porters
- Land and sea transfers
- B&B accommodation in Padang
- Full-board accommodation in Siberut
- Meals as indicated in the itinerary above
- Site entrance fees, trekking permits & donations

#### Not included

- International and domestic flights
- · Possible visa and airport taxes
- Insurance and travel assistance
- Drinks, personal expenses and tips
- Anything not mentioned in "Inclusions"