

Nubra Valley Trek



Days:	14
Price from:	1205 USD International flight not included
Comfort:	★★★★☆
Difficult:	★★★★☆
🏔️ Trekking	

THRILLING STRAK, DRAMATICALLY DIFFERENT

The trek goes right up to India's northernmost tip: Nubra Valley or Ldumra, the valley of flowers. This incredible remote yet amazingly picturesque valley can be accessed on foot or via the highest motorable road from Leh, through Khardung La (5,359m). After a night in Delhi, we fly to Leh (3,500m) and we have three days to get acclimatize to the high altitude with some local sightseeing. Our trek begins from Umla village and on the ascent to Pulu, we cross a small river where we may sight marmots. On reaching Lasermo La (5,400m), the highest point on the trek, we are rewarded with amazing views across the Karakoram Range.

Crossing the edge of the mighty Lasermo glacier we reach base camp and later, en route to Hundar Dok, we pass shepherds with herds of yaks and sheep, where those having a penchant for exotic food could taste the gur-gur tea (salted butter tea). Hundar village marks the beginning of Nubra valley, with a lush green centre that's a stark contrast to the surrounding desert scape. Exploring the local monasteries at Hundar, Diskit and Sumoor or taking a dune ride on a Bactrian camel across the spectacular dunes are part of the local sightseeing. We return to Leh past remote villages, crossing Khardung La (5,359m), a vantage point for some compelling vistas.

HIGHLIGHTS

- Lasermo La (5,400m) for amazing views of the Karakoram, Ladakh and Zaskar ranges.
- Khardung La (5,359m) – the world highest motorable pass
- Nubra Valley – criss-crossed by the winding channels of the Shyok and Nubra rivers
- Diskit monastery – on a hilltop offering stunning vistas

Day 1. Traditional Welcome on arrival and assistance in boarding flight to Leh



Delhi 📍

- We arrive at the **International airport** of Delhi at night. We get professional assistance in boarding our early morning flight to Leh after the traditional welcome by **company's representative** at Delhi airport.

Day 2. Fly to Leh



Delhi - Leh

- In the early morning flight from Delhi, the plane flies over the **Himalayan Range** providing amazing overhead view of the whole mountain range with gigantic glaciers and glaring peaks before it brings us to Leh, a fertile valley just to the north of the mighty **Indus River** (this flight is subject to appropriate weather and perfect flying conditions). Upon arrival, we transfer to the hotel.

Delhi 📍
✈ 610km - 🕒 1h 30m
Leh 📍

- The rest of the day is free to relax and **acclimatize to the altitude (3,500m)**. Late afternoon there is a gentle orientation walk in Leh and its bazaars. In the olden days Leh was an important trading center along the old Silk Route from China. The town is dominated by the nine-story Namgyal Palace whose faded grandeur has been likened to a mini version of the Potala Palace in Lhasa.

🍴 Dinner	Hotel Mansarovar
🏠 Accommodation	Hotel Mansarovar

Day 3. Visit of monasteries - Shey – Thiksey – Hemis



Leh 📍

- In the morning we leave for a sightseeing tour of three of the major gompas (Monasteries) in the area. We first drive to Shey, a former Royal Palace of the Ladakh kings. Shey was the castle of the first king of Ladakh, Lachen Polgyigon. Inside is a small temple containing a 350 year old sacred gilt copper statue of Lord Buddha. Deldan Namgyal made it in the year of 1633 as a funerary memorial to his father, king Singee Namgyal. From Shey we drive to Thiksey where we visit the monastery perched on top of a hill with its red and white buildings visible from a long distance. There are sacred shrines and many precious objects to be seen. A recently built temple within the main complex contains a magnificent image of the Future Buddha. Next we drive to Hemis Gompa that belongs to **Drukpa order (Red hat)**. It holds the distinction not only of being the biggest and the wealthiest monastery of Ladakh but also for a very rich collection of ancient relics and the rare 17th century murals (called tangkhas) and the painted stone reliefs adorning the courtyard gallery making it a true **UNESCO World Heritage Site**.

🍳 Breakfast	Hotel Mansarovar
🍴 Dinner	Hotel Mansarovar
🏠 Accommodation	Hotel Mansarovar

Day 4. Way to Likir enroute visiting Alchi and Rizong



Leh 📍
🚗 50km - 🕒 2h
Likir 📍

Leh - Likir

- After breakfast we leave Leh behind and drive to Likir, en-route visiting famous monasteries of Rizong and Alchi. Founded by **Lama Tsultrim Nima** in 1831 Rizong is a Yellow Hat sect Gompa and is spectacularly situated on a Cliffside overlooking the Indus Valley. The monastery holds special significance for Tibetan Buddhists as it belongs to Gelugpa sect of Tibetan Buddhism. We drive back towards Alchi Monastery, which is the largest and most famous of all of them, and is noted for its massive Buddha statues and lavish woodcarvings and artwork. The foundation of the monastery was laid by Tibetan translator **Rinchen Zangpo** in the middle of 12th century. It has three main structures known as **Du-khang, Sum-tsek and the temple of Manjushri**. We continue our drive to Likir Village. Located in Indus Valley it is believed to be among the oldest villages of India. The monastery of Likir is believed to have been in existence since 11th century. It belongs to the Yellow Hat Sect and is also known for the 75-feet statue of Buddha. After visiting the monastery we drive to our camp where our tents are already pitched and waiting to be occupied.

🍳 Breakfast	Hotel Mansarovar
🍴 Lunch	Made by your team
🍴 Dinner	Made by your team
🏠 Accommodation	Camping

Day 5. Beginning of trek towards Taru via Umla



Umla - Taroo

- From here, we put on our trekking gear and start our walk with a gentle climb through the meadow. Leaving behind the meadow, we climb towards a small pass at 4150m with beautiful view of the Indus valley. From here a small steep descent takes us to the **village of Taru**. We spend the night in our camp surrounded by fields.

Duration of Trek: 6 Hrs

Distance: 11 Kms

Likir 📍
🚗 40km - ⌚ 1h 5m
Umla 📍
11km - ⌚ 6h
Taroo 📍

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	Camping

Day 6. Trek to Murbuk enroute visiting Phyang



Taroo 📍
14km - ⌚ 6h
Murbuk 📍

Taroo - Murbuk

- After the breakfast, we start with a gentle climb. However, the trail goes a little steeper at times before we reach the pass, Bong-Bong la (4200m). From the top, we can enjoy the magnificent views of the Stok range and from here we can also find our trail that leads to Phyang Monastery. After a steep descent from the pass we reach Phyang. We visit the Gompa which is considered as one of the important Gompas representing the "Red Hat" sect of Tibetan Buddhism and famous for its exquisite wall paintings. The gompa complex also includes a 900 year-old museum containing a rich collection of Chinese, Tibetan and Mongolian artifacts. After the visit, we continue our trek and enter another village called Murbuk which looks beautiful with its agricultural fields.

Duration of Trek: 6 Hrs

Distance: 14 Kms

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	Camping

Day 7. Gentle climb towards Pulu



Murbuk 📍
14km - ⌚ 6h
Pulu 📍

Murbuk - Pulu

- In the morning we start with a gentle climb towards **Pulu** at the left side of a torrent. We continue our gradual climb for 3-4 hours to reach a stream where marmots can be seen. We may have to cross this stream to enter a gorge for further walk for another 2 hours before we climb to reach Pulu. The yaks can be seen all around near our **camping site**.

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	Camping

Day 8. Trek to base Camp enroute visiting Lasirmo La



Pulu 📍
12km - ⌚ 6h
Base Camp (4800m) 📍

Pulu - Base Camp (4800m)

- Since we have to scale **Lasirmo La (pass)** today, we start very early in the morning. The path goes upwards gently towards the pass over the boulders for about an hour followed by a steep climb for about 2 hours up to the top of Lasirmo La. Beautiful views from the top of Lasirmo La over the **Karakorum Range** are breathtaking. We descend over the glacier and the moraine for 45 minutes followed by gentle descent up to the **base camp**.

Duration of Trek: 6 Hrs

Distance: 12 Kms

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	Camping

Day 9. Trek to Hundar Dok



Base Camp (4800m) 📍
12km - ⌚ 5h
Hundar Dok (4100m) 📍

Base Camp (4800m) - Hundar Dok (4100m)

- After the breakfast, we continue our trek over the moraine with gentle descent into a gorge. While descending to our next camp we pass by shepherd houses called Doks with their Yaks and sheep. We may get an opportunity to visit one of shepherd's houses and taste a cup of **Ladakhi butter tea** known as **Gur Gur Tea**. We continue negotiating some ascents and descents for another two hours of trek to reach **Hundar Dok**. Beautiful camping site is in the pastures at the right side of the Stream.

Duration of Trek: 5 Hrs

Distance: 12 Kms

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	Camping

Day 10. Trek further to Hundar via Skarchan



Hundar Dok (4100m) 📍
14km - ⌚ 6h
Hundar (3300m) 📍

Hundar Dok (4100m) - Hundar (3300m)

- After the breakfast, we leave our camp and move forward towards the **village of Hundar** with some ascents and descents. We have some magnificent views over the **Hundar Dok**. The trail moves further into the impressive gorge after crossing one wooden bridge. It is about 2 hours gentle descent to Skarchan on the left side of the river, an ideal place for lunch. Our walk continues for about two hours through this gorge and finally opens at the Hundar Village that provides fantastic views of the Sand Dunes from the distance.

Duration of Trek: 6 Hrs

Distance: 14 Kms

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team

Day 11. Trek to Diskit and drive to Sumur



Hundar (3300m) 📍
 9km - ⌚ 5h
 Diskit 📍
 🚗 30km - ⌚ 1h
 Sumur 📍

Hundar (3300m) - Diskit

- Today we explore Nubra Valley with an easy day-walk providing attractions galore. Leaving **Hundar Village** behind we walk through a gorgeous stretch of Sand Dunes of this high altitude desert with snow-capped mountains on the horizon. The main attraction in this area is the Bactrian Double Humped Camels. Here one can enjoy a camel ride (optional), which can be organized. We pass over the sandy trail to Diskit Village which is amongst the larger villages in the region and then visit the famous Diskit situated on the top of a cliff. It has an elevated cupola with a fresco depicting the **Tashihunpo gumpa of Tibet**. The gumpa roof offers glorious/magnificent views of **Nubra Valley, Diskit Village** and the point where the **Shyok River and Siachen Glacier** meet.
Duration of Trek: 5 Hrs
Distance: 9 Kms

Diskit - Sumur

- Later we drive to Sumur and visit its monastery, Samstanling Gumpa, founded by Lama Tsultims Nima in 1841 CE. This gumpa which belongs to the Gelukpa order is a house of a fine collection of idols, frescos and tangkhas.

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Osay Khar Resort
🏠 Accommodation	Osay Khar Resort

Day 12. Head back to Leh via Khardung La



Sumur 📍
 🚗 150km - ⌚ 4h 20m
 Leh 📍

Sumur - Leh

- Continuing our journey we drive to Leh via world's highest motor-able road Khardung La. Built in 1976 it was opened to motor vehicles in 1988 and has seen many automobile, motorbike and mountain biking expeditions since then. With a clear sky the views are stupendous. Reaching Leh in the afternoon we have free time to wander through the town, shop or relax.

🍳 Breakfast	Osay Khar Resort
🍷 Dinner	Hotel Mansarovar
🏠 Accommodation	Hotel Mansarovar

Day 13. Fly back to Delhi



Leh 📍

Leh - Delhi

- This morning, we have an early **morning flight to Delhi**.
- In the afternoon we visit the walled city of **Old Delhi**; crowded, full of activity and still influenced by the great Mughals who once ruled from the ramparts of the majestic Red Fort Delhi. Here we visit Jama Masjid Delhi - the largest 17th century mosque in India; Chandni Chowk - the typical Indian market always abuzz with activities; and Rajghat - the memorial of Mahatma Gandhi (also called the 'Father of the Nation'). We also visit New Delhi where we drive past the **Presidential Palace, Secretariat Buildings** and down the impressive Rajpath to India Gate .

✈ 610km - ⌚ 1h 30m
Delhi 📍

🍳 Breakfast

Hotel Mansarovar

🏠 Accommodation

Hotel Jivitesh

Day 14. Transfer to Airport for boarding the flight



Delhi 📍

- Check-out from the hotel and transfer to the international airport or any point of convenience for onward journey to respective countries.

🍳 Breakfast

Hotel Jivitesh

Itinerary map



Individual price per person

2-2	3-3	4-5	6-8	9-12
2670 USD	2021 USD	1855 USD	1425 USD	1205 USD

Included

- Accommodation for 08 nights on Full board in camp/tent on double sharing basis
- 03 nights on Half board in double room in Leh
- 01 night on breakfast basis in double room in Delhi
- All ground transportation included in the program using private air-conditioned vehicle with English speaking driver
- Trekking equipment and materials including food (excluding personal equipment)
- Trekking guide for 07 days during trekking from D:05 till D:11
- Entrances for monuments and monastery as mentioned in the programme
- Professional English speaking tour leader throughout the trip
- First aid kit
- Govt. Taxes

Not included

- International flights tickets
- Domestic flights tickets for the sector: (Delhi - Leh and Leh - Delhi)
- These rates will not be valid for peak season from 20 December 2019 to 10 January 2020 , Christmas and New Year's extra supplement cost will be charged during this period
- Lunch and Dinner in Delhi
- Travel insurance
- Tips for Local guide, trek guide and other trek staff
- Miscellaneous Expenses - drinks, souvenir, personal expenses etc.
- The cancellation and baggage insurance, assistance and repatriation
- Indian Visa
- Other services not mentioned in 'Inclusion'