

# Jomolhari Loop Overview



|                                                    |                                               |
|----------------------------------------------------|-----------------------------------------------|
| Days:                                              | 7                                             |
| Price:                                             | 1750 USD<br>International flight not included |
| Comfort:                                           | ★★★★★                                         |
| Difficult:                                         | ★★★☆☆                                         |
| 🏔 Adventure   🏔 Trekking   🏔 Hiking<br>🏔 Mountains |                                               |

**Jomolhari Loop** is the shortest of the Jomolhari trekking routes, which are the most popular treks in Bhutan. With altitude differences of 2,500m and nearly 5,000m it offers a wide range of landscapes, fauna and flora. The highlight of this trek is the spectacular view of Mount Jomolhari from **Jomolhari Basecamp** (Jangothang). Trekkers who want to avoid high passes and high altitude can chose an easier version of the Jomolhari Loop by retracing their steps from Jangothang (see days 1-3), while still having the majestic impressions of Mount Jomolhari.

## Day 1. Trek Begins from Gunitsawa Village



Gunitsawa Village 📍  
3km - ⌚ 50m  
Sharna Zampa 📍

### Gunitsawa Village - Sharna Zampa

- This trek begins at **Gunitsawa village** where you pass the army post. At the army check post your trek permit (provided by your tour operator) will be checked and endorsed. The campsite is on the opposite side of the river, not far from Gunitsawa.

Descent: 80 m Camp altitude: 2,850 m.

|                 |                   |
|-----------------|-------------------|
| 🍴 Lunch         | Made by your team |
| 🍷 Dinner        | Made by your team |
| 🏠 Accommodation | tent camping      |

## Day 2. Great view of Mt. Jomolhari.



Sharna Zampa 📍  
22km - ⌚ 7h 30m  
Thangthangkha 📍

### Sharna Zampa - Thangthangkha

- Descent: 10 m Camp altitude: 3,610 m.

On this long day, the trail continues with lots of small ups and downs. After going uphill through the river valley the valley finally narrows gradually to a mere path which descends to a meadow where a camp will be set up. From here, if weather permits, you will have the first great view of Mt. Jomolhari.

|                 |                   |
|-----------------|-------------------|
| ☕ Breakfast     | Made by your team |
| 🍴 Lunch         | Made by your team |
| 🍷 Dinner        | Made by your team |
| 🏠 Accommodation | tent camping      |

## Day 3. Trek continues up the Paro Chhu valley.



Thangthangkha 📍  
19km - ⌚ 5h 20m  
Jangothang 📍

### Thangthangkha - Jangothang

- Today we continue our trek up the **Paro Chhu** valley which widens into patches of alpine meadow and scanty growths of forest. In this area yaks and their herder's homes become a regular feature of the landscape. Passing the villages **Soe**, **Takethang** and **Dangochang** is another asset on this day. After reaching **Jangothang**, one of the most beautiful campsites of the Himalayas, you will again have a spectacular view of Mount Jomolhari.

|                 |                   |
|-----------------|-------------------|
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| 🍷 Dinner        | Made by your team |
| 🏠 Accommodation | tent camping      |

## Day 4. Possibilities for day hikes with great views of lakes and snow capped mountains



Jangothang 📍

- The rest day in Jangothang provides plenty of possibilities for day hikes with great views of lakes and snow capped mountains such as **Jomolhari** and **Jichu Drake**. Jangothang is a perfect environment for your acclimatization. You can also trek up to **Tosoh** or hike around the area.

|                 |                   |
|-----------------|-------------------|
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| 🍷 Dinner        | Made by your team |
| 🏠 Accommodation | tent camping      |

## Day 5. Climb up steeply to Bhonte La pass at 4,890 m



Jangothang 📍  
16km - ⌚ 7h 30m  
Soi Yaktsa 📍

### Jangothang - Soi Yaktsa

- Ascent: 810m Descent: 1,090m Camp altitude: 3,800m.

The trail leads to a last settlement in the valley and drops to the Paro Chhu. Passing the lake of **Tshophu** (4,380m) you will climb up steeply to **Bhonte La pass** at 4,890 m, the highest point of this trek route. Reaching the **Dhumzo Chhu** river, you trek downstream passing the few houses of **Soi Yaktsa** (Dhumzo) to arrive at your camp soon after.

|                 |                   |
|-----------------|-------------------|
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## Day 6. Descent to Thombu Shong



Soi Yaktsa 📍  
11km - ⌚ 4h 30m  
Thombu Shong 📍

## Soi Yaktsa - Thombu Shong

- Ascent: 720m Descent: 340m Camp altitude: 4,180m.

The trail climbs 100m over a ridge to drop to another stream then. After crossing the **Takhung La pass** (4,520m) you descent to **Thombu Shong**, three yak herder huts with your campsite next to them.

|                 |                   |
|-----------------|-------------------|
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## Day 7. Trek ends at Gunitsawa Village



Thombu Shong 📍  
13km - ⌚ 4h 30m  
Gunitsawa Village 📍

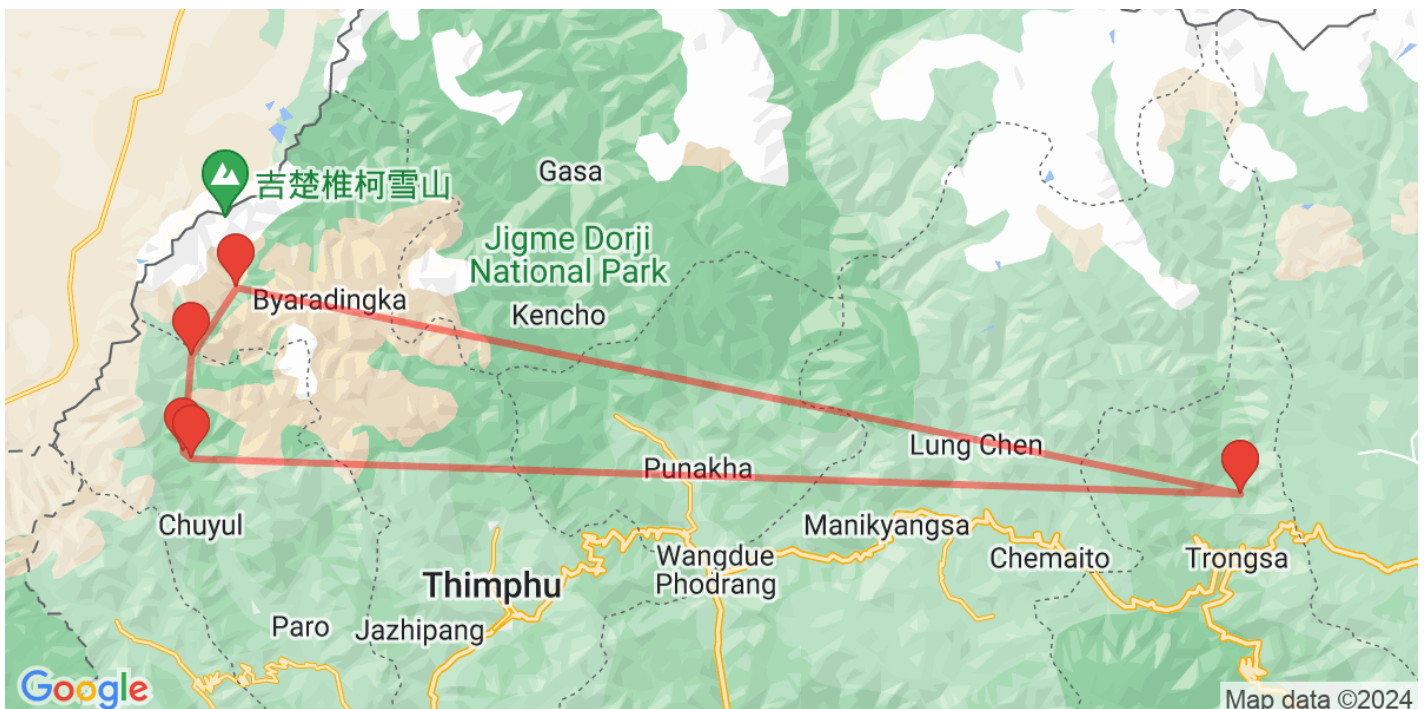
## Thombu Shong - Gunitsawa Village

- Ascent: 200m Descent: 1,650m Camp altitude: 2,850m.

Crossing **Thombu La pass** (4,380m) you will finally reach **Gunitsawa** where we will stay at the campsite, Sharna Zampa, where you stayed the first night of this trek.

|                 |                   |
|-----------------|-------------------|
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| 🍷 Dinner        | Made by your team |
| 🏠 Accommodation | tent camping      |

## Itinerary map



# Individual price per person

|          |          |          |
|----------|----------|----------|
| 1-1      | 2-2      | 3-10     |
| 1990 USD | 1930 USD | 1750 USD |

## Included

- Bhutan Tourist Tariff Royalty.
- Visa fee
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in carefully selected, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.
- Tents

## Not included

- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare