Dagala Thousand Lakes Trek



Days:	6
Price:	1465 USD International flight not included
Comfort:	****
Difficult:	★★★★☆
AdventureMountains	Trekking 🎙 Hiking

This six day trek takes you into an area adorned with a multitude of pristine, crystal clear lakes. As you walk amidst the shimmering lakes you'll be treated to stunning views of the entire Himalayan mountain range and some of the world's highest peaks including Mt. Everest, Jomolhari, Masang Gang, Jichu Drake, Gangche Ta and many more.

During the trek an entire day will be dedicated to visiting some of the more picturesque lakes, fishing and resting. The trail also takes you through several Bhutanese villages so you can get a good idea of traditional Bhutanese village life as you make your way back from the lakes.

While this is a somewhat strenuous trek, it is well worth the effort because of the tranquility and beauty of natural landscape that you will enjoy during the journey. The best time to embark on this trek is between April-June and September –October.

Day 1. Trek starts at beautiful Gynekha village



Gynekha - Gur

• Ascent: 550 m, Descent: 210 m, Camp altitude: 3,290 m.

We will begin our trek from beautiful **Gynekha village**. After crossing the river you start climbing until you reach a huge rock platform from where you have a picturesque view of the valley below. After another two hours you reach **Gur**, an area of yak pastures located just below the main trail.

Gynekha ♥ 7km - ② 5h Gur ♥

¶Lunch	Made by your team
Y Dinner	Made by your team
Accommodation	tent camping

Day 2. Pass through several yak herder huts.



Gur - Labatama

• Ascent: 1,220 m Descent: 110 m Camp altitude: 4,300 m.

Next day we will across through the high ridges from where you can truly appreciate the rugged beauty of the mountain vegetation and view of **Kanjenjunga** (Sikkim) As you descend the pass you will be able to see the entirety of the Dagala mountain range including meadows and yak herder camps. Once you have descended into the **Labatama valley** you begin climbing gradually through the valley, passing several yak herder huts before you arrive at **Uthso Tsho**. The campsite is right next to the lake.

Gur ♥ 12km - ⊙ 5h Labatama ♥

Breakfast

Made by your team

Lunch

T Dinner

tent camping

Accommodation

Day 3. Recuperating at Labatama



Labatama 🛛

Labatama ♥ 8km - ② 6h 30m Panka ♥

٠	Today we will be dedicated to relaxing and recuperating at Labatama. You can have an excursion to any of
	three nearby lakes: Reli Tsho, Hen Tsho and Jama Tsho. Hikers are encouraged to take the opportunity to
	engage in some trout fishing as the location is ideal.

Breakfast	Made by your team
₩¶ Lunch	Made by your team
T Dinner	Made by your team
Accommodation	tent camping

Day 4. The trail climbs along the western side of Dala Tsho.



Labatama - Panka

• Ascent: 260 m Descent: 520 m Camp altitude: 4,000 m.

The trail climbs along the western side of **Dala Tsho**. You can have a specticular view of mountain peaks like **Mt. Everest** (Nepal), **Mt. Kanchenjunga** (Sikkim), **Mt. Jomolhari**, **Mt. Jichu Drake**, **Mt. Tshering Gang** and **Mt. Gangche Ta**.

Breakfast	Made by your team
H Lunch	Made by your team
T Dinner	Made by your team
Accommodation	tent camping

Day 5. View different varieties of blue poppy & mountain Birds



Panka ♥ 8km - ⊙ 5h 20m Talakha ♥

Panka - Talakha

• Ascent: 180 m Descent: 110 m Camp altitude: 3,080 m.

Today you should keep your eyes open for different varieties of blue poppy (June-July) and mountain birds while in this area.

After crossing the last pass, **Tale La** (4,180m) you start a long descent to **Talakha Gompa**. You will camp right beside the monastery and wake up to the early morning prayers of the monks. From here you will be treated to a great view of Bhutan's capital Thimphu.

🗷 Breakfast	Made by your team
#¶ Lunch	Made by your team
▼ Dinner	Made by your team
Accommodation	tent camping

Day 6. Trek Ends at Chamgang



Talakha - Chamgang

• Descent: 440 m

After early breakfast we will decent down from the monastery which will lead you to the village of Chamgang.

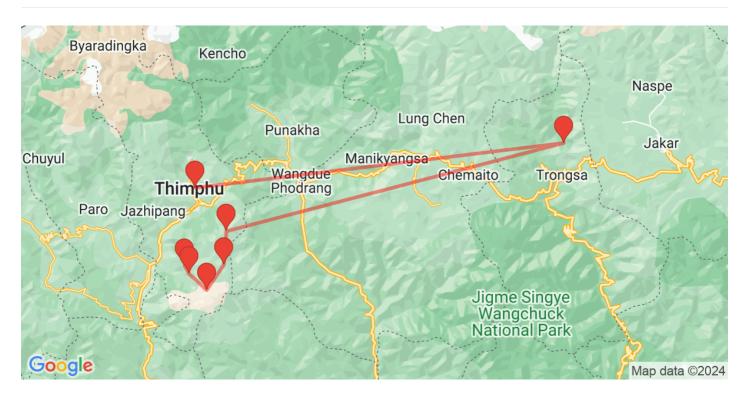
Chamgang - Thimphu

• After short refreshment you will be drove back to Thimphu.

Talakha ♥ 6km - ④ 3h Chamgang ♥ ➡ 12km - ④ 40m Thimphu ♥



Itinerary map



Individual price per person

1-1	2-2	3-10
1665 USD	1615 USD	1465 USD

Included

- Bhutan Tourist Tariff Royalty.
- Visa fee
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in carefully selected, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.
- Tents

Not included

- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare